

Social Association of Humane Individuals for the Living

Nihil Obstat "nothing stands in the way"



SAHIL (Social Association of Humane Individuals for the Living) founded on 3rd June 1999 is a registered Society under the Societies Registration Act XXI 1860. It bears income tax exempt certification under section 80G.

SAHIL was founded, as the name suggests with a wide vision, enabling it to work and be part of any given field which is calling attention, as long as it is associated with life - plants, animals or mankind.

However, while it was being formed it laid down its Aims and Objectives which it believed in achieving without any bias to caste, creed or prejudice and without any intent to profit in any manner whatsoever. These are as below:

1. EDUCATION:

It singled out that Education was the single most important tool that could lead towards development. SAHIL works to strengthen the already existing facilities in the village and additional facilities are provided only, if needed. The aim is that each child has access to basic education.

WORK DONE

R.C. PUBLIC SCHOOL

This school is located 25 kms outside Jaipur in the village of Shivdaspura. The school found its modest beginning in Ramesh Meena, a village boy who due his sheer zeal to give education to his village children started the school. With the support certain funds were generated which helped the school from being a 2 room shanty little place to be a 8 pucca rooms, with water and electricity facilities. It is a registered recognized school today till 8th standard and is proudly and steadily moving ahead. It has 100 plus strength of children and 5 teachers.

This was done in conjunction with contributions that came from the tourist travelling with Far Horizon Tours visiting the school and with additional funding from Far Horizon. These tourists were from USA (Overseas Adventure Travel). Pictures as below.









ALAKNANDA SLUM SCHOOL

In addition a school in a slum in Delhi was also constructed and operated with provisions of Mid Day Snacks and books and uniform. The same had to be demolished as the slum was cleared by the Govt.

1. DEVELOPMENT OF SPORTS FACILITIES AND TRAINING:

The strength of India lies in the youth of its villages. They have the resilience to weather many a hardships which youth of the cities may not be able to take on. The will to succeed and will power to labor towards their dreams is in abundance, the paths alone need to be opened. SAHIL seeks to give special attention to sports to bring in multifold gains:

- · Basic sense of discipline is cultivated.
- · Sharing comes into play
- · Physical well being is taken care off
- Many a barriers which are there in the village are broken.





OUT DOOR GAMES: FOOT BALL/VOLLEY BALL AND CRICKET EQUIPMENT has been provided for INDOOR GAMES: CARROM/CHESS/MONOPOLY/LIFE RURAL SPORTS too are encouraged

2. CITY CLEANLINESS:

SAHIL has undertaken cleanliness drives on roads of Delhi picking up plastic bags on alternate Saturdays along with the staff members of Far Horizon.

3. SOCIO – ECONOMIC DEVELOPMENTAL PROGRAMS PROVIDING DIGNITY AND SELF SUFFICIENCY:



Sahil believes in working very closely with the people at the grass root level to help provide ways and means to bring about economic development. Vocational skills and development of the same is the prime aim at SAHIL to enable people of the villages move into mainstream activities and help them survive in the "real world".

The current programs we are bringing into the fold are:

- Carpentry
- Printing
- Driving Classes
- Pottery
- Gardening
- · Animal Husbandry
- Technical Training
- · Computer Education.
- Painting/polishing and basic construction skills



The above programs are for the village youth to help them find gainful employment both within their own village as well should they get opportunities to go and work in cities.

Paper Craft: Developing skills to make goods out of waste paper. Sewing Classes: to help young village girls/boys learn to stitch.

The above activities provide gainful employment to the village women/men and young girls/boys who slowly become involved in the production of a large variety of products. The products range from carry bags made from old newspapers to cloth bags made from textile scrap; from handcrafted eco-friendly stationery. The work is brought to their door step – only way for them to contribute and earn within the village fold.

For all the projects people from within the community are trained and motivated. The funds that come by way of Charity and Donations are utilised to develop infrastructure for self-sufficiency and build a sense of pride and dignity. The vision of self sufficiency begins with involving the rural people in making the project work rather than bringing in social workers from outside.

5. DEVELOPMENT OF LOCAL ARTS AND CRAFTS:

Rural India has a treasure of arts and crafts and full efforts are made to revive them. Avenues are created to generate income from these and become popular within the country and overseas. The aim is to popularize local crafts and make it income generating.

SAHIL, strictly believes in not giving funding in CASH to any of its projects. HANDS ON APPROACH IN ALL IT'S ACTIVITIES has been the key factor to the success of each program it has under taken.

IF AT ALL, IN NEED OF THE HOUR PROJECTS, FUNDS HAVE TO BE PROVIDED FOR, THEN A THOROUGH CHECK AND RESEARCH IS DONE BEFORE A PROJECT IS UNDERTAKEN AND THERE IS A STRONG MONITORING SYSTEM IN PLACE.

6. BASIC AND PREVENTIVE HEALTH CARE:

We at SAHIL wish to educate the village folks of basic, health and sanitation concerns. Equip them with a basic dispensary run by the village youth, monitoring the operations of same throught a certified Doctor from the nearest town on a monthly basis.

YOGA Classes for physical and mental well being, under the guidance of trained and qualified teachers.

Adult education classes for men and women in the evening hours by way of interactive discussions and by means of putting together plays and other performances to bring the message across to the people of the village.

7. ENVIRONMENTAL ACTIVITIES:

SAHIL has undertaken plantation of 500 trees in a village in Faridabad along side the village roads as well as in the farms of the local villagers. This year we plan to undertake plantation of 1500 trees in village Kalakho in Rajasthan, where we are doing currently a research on the type of trees that can be planted on the slopes of the Arravali Hills. The study is to be completed by end of May and we will take to plantation post the same during monsoon season.

Major factors which are being kept in mind on this research are:



- To ensure the native tree species which are now vanishing are revived.
- No such plantation is brought in which destroys the already existing native flora.
- To bring in fruit trees as it has been seen in the previous plantation drives that bringing in fruit bearing trees in combination with others was a strong motivation factor facilitating the activity.

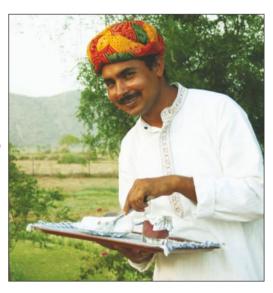
8. ENHANCEMENT OF LOCAL CULTURAL HERITAGE:

Through establishment of tourism infrastructural development projects in the villages, which not only provide a get away and an insight to the tourist into rural India popularizing & bringing attention to the rich heritage of our country but have lead to deeper gains. Performing arts are being popularized again and are not only providing entertainment to the visiting tourist but also have become means of generating Income. The aim is to inculcate pride and dignity in the village folks.

9. EMPLOYMENT OPPORTUNITIES:

BY way of its resorts in the villages Far Horizon not only has provided the villagers with local employment but also gainfully utilized their various skills of construction, laying of thatch and mud plaster and painting at it's resorts. Not to overlook the promotion of the village handicrafts and artwork.

SAHIL seeks to provide employment opportunities to the less fortunate ones in the cities as well. Here, through the selection process it provides employment to youth who have received education and vocational training with some other NGOs in Far Horizon or other organizations. SAHIL has gone ahead and conducted interview for disabled individuals at their sites and seen that where possible they are brought into the mainstream



ACHIEVEMENT

SAHIL, takes pride in working closely with those physically impaired or with NGO's which work with giving basic education to children to absorb them in the mainstream. SAHIL finds gainful employment opportunities for them. It selected Deepti and Amit, both Visiually Impaired from Accessibility, a not for profit organization. Deepti, initially worked with Far Horizon as it's Product Reservation Incharge and Amit - As Data Collection and Processing - generating reports for the Management. Deepti in due course further received an employment opportunity in her hometown with State Bank of India and was encouraged to take on the opportunity. Amit today has moved on with an educational institution closer home and is doing well.

The Project Co-ordinator at SAHIL – Vicky Sonkla – groomed for working at grass root level found his vocation in the field at MANZIL, a NOT FOR PROFIT outfit which gives many an opportunities to children with varied interest. SAHIL has taken many students groomed with basic skills and found them gainful employment and exposure opportunities.

10. RAIN WATER HARVESTING PROGRAM:

This is a major program which SAHIL is undertaking in a village in Rajasthan. The work is on, in consultation with the water man of Rajasthan - Rajendra Singh, winner of the 2001 Raman Magsaysay Award for Community Leadership. He has undertaken extensive water conservation efforts in drought- prone eastern Rajasthan under the aegis of his own organization THE TARUN BHARAT SANGH.

11. AGRICULTURAL DEVELOPMENT:

In the last few years, land available for agriculture has reduced substantially. A number of villages have lost their only source of income. SAHIL is working in this area by providing inputs as to how to increase the yield from land, bringing in newer technologies and equipment and creating awareness amongst the farmers. The aim is to increase agricultures output and motivate the farmers to continue with their work.

12. NEED OF THE HOUR PROJECTS UNDERTAKEN:

GUJARAT EARTHQUAKE: The year 2001, saw an earthquake of mass scale destruction rock the entire state of Gujarat. SAHIL, again aided by FAR HORIZON TOURS took to moving all aid possible to the state. Through quick research an area of a small village in the state of Gujarat in the District of Bhuj, a small village called Loria Gaon was selected. All 450 families in this village were put under tented accommodation and this project was a part of the study conducted by a team of two young Americans from Philan- thropy TV, USA - Adam Boucher and



Brian Harvey. SAHIL - working of a small organization – was studied against Red Cross Society – a large International Organization.

LCRA-Year 2010: SAHIL supported Life Care Regeneration Association (LCRA) by providing it with small contribution of funds for the operation of a 3 month old boy infant for a heart surgery. The baby was suffering from ECTOPIA CORDIS. He was operated on in Apollo Hospital – Delhi, by a team of two doctors – Doctor Raja Joshi and Dr. Vikas Kohli.

SAAMBHAVI-Year 2010: Ria Kanojia a girl of 18 months was facilitated with financial aid for her open heart surgery, conducted at ALL INDIA INSTITUE OF MEDICAL SCIENCES, NEW DELHI – INDIA, by Doctor Balraj Arya and his team.

13. TO COLLABORATE WITH LIKE MINDED INDIVIDUALS AND ORGANIZATIONS TO ADDRESS THE PROBLEMS AND FINDING SOLUTIONS ON A BROAD PLATFORM:

SAHIL believes there is an inherent strength in collective working and so believes in multi – tasking and walking strongly with various organizations, each coming together to give strength of its knowledge and experience and to gain from the other.

With the foundation laid SAHIL which is coming forward and taking on these programs in conjunction with the strong network of various organisations that are specializing in each of the above fields. Some of these organisations – Praskash Deep, Theatre in Education(TIE), Manzil, Karam Marg/Vision of India GreenMission, Hope (Medical Facilities) Winrock Intl. (Study on Trees and the species) and Tarun Bharat Sangh(water harvesting & conservation).

OUR PROJECT SITES:

VILLAGE KALAKHO - DISTT. DHAUSA, RAJASTHAN.

VILLAGE JAMBA - DISTT. JODHPUR, RAJASTHAN.

In view of above, a member VOLUNTEER can today partake at any of SAHIL PROJECT SITES - in various activities:

- 1. Interactive session with the rural primary/ high school. Conducting few classes. Putting together an audio visual presentation to educate them on environment or any socio-economic/ health and hygiene aspect.
- 2. Get Entertained by Presentation of a skit from rural school or put a play to the rural folks on any educative theme HIV/GENDER BIAS/CHILD MARRIAGE/CASTE/WATER AND PRESERVATION/HEALTH AND HYGIENE. OPEN AIR theatre, which is a concept SAHIL is bringing in, to form a medium of learning and entertainment.
- 3. Learn Pottery or participate in the any workshop in rural/ traditional surroundings.
- 4. Visit other workshops and contribute your ideas of development of the same and on how the sales could be enhanced.
- 5. Plant trees in the village or contribute a day's labour at the village nursery.
- 6. Visit to the Panchayat Bhawan/Chaupal showing them how the village is governed. Visit to rural homes and making them aware of how villagers live/work and build their mud/rock houses.
- 7. Visit to the farm, animals and other live-stock and also expose to them on different products grown in the farms.
- 8. Picnic in the vicinity of the village with hygienic cooking on spot demo. Will include games and sports activities. A match could be organized.
- 9. Carry out one day's cleanliness drive with the village youth boys and girls.
- 10. Three seperate discussions with the Elder Men of the village, Youth of the village and Women folk of the village understanding their views on your participation in the activities of their village.
- 11. Work in the village construction program where you help in building a structure for the collective good of the village community- be it school, library or a community center.
- 12. Visit to SAHIL's Technical center and women empowerment programs.

SAHIL has chosen to walk on the path towards Rural Development and needs resources and contributions both in cash and kind to fulfill the vision. You can make a difference by participating and contributing in any of the following areas of your interest:

- A STUDENT EDUCATION PROGRAM
- A VOCATIONAL PROGRAM
- A RURAL LIBRARY
- A SCHOOL
- DRINKING WATER PROJECT
- LITERACY PROGRAM
- PLANTATION OF TREES
- COMMUNITY DEVELOPMENT PROGRAM
- A VILLAGE ROAD
- A VILLAGE DISPENSARY



WHY PROPOSE KALAKHO??



- IDEAL DESTINATION FOR GIVING A TRUE PICTURE OF RURAL INDIA, IN GENERAL.
- 2. HAS IDEAL CLIMATE AND SOIL FOR VARIED SPECIES OF FLORA. TERRAIN IS SIMILAR TO THE STUDY WE HAVE BEEN CONDUCTING AT VILLAGE MANGER. FARIDABAD.
- 3. GROUND WATER RESOURCES ARE STILL RICH ENOUGH TO HELP SUSTAIN THE AFFORESTATION PROJECT.
- 4. AGRARIAN SOCIETY HENCE TAKES COMFORTABLY TO WORKING WITH LAND.
- 5. SPARSELY POPULATED HENCE EASY TO START A PROJECT AND GET IT OFF THE GROUND.
- 6. GOODWILL ALREADY CREATED AMONGST THE PEOPLE OF THE LAND AS 'DERA VILLAGE RETREAT' HAS PROVIDED EMPLOYMENT OPPORTUNITIES DIRECT AND INDIRECT.
- 7. BEING IN CLOSE PROXIMITY TO DELHI CO-ORDINATION AND MONITORING BY SAHIL AT VARIOUS LEVELS IS POSSIBLE, INVOLVEMENT OF EXPERTISE OF OTHER ORGANIZATION IS ALSO READILY AVAILABLE. A round trip journey with return by night too is feasible and undertaken many a times.
- IDEAL ACCOMMODATION IN COMFORTABLE SURROUND- INGS ALREADY EXISTING ON GROUND.
- 9. IDEALLY LOCATED ON THE GOLDEN TRIANGLE.



People in our villages have provided us with our primary basic requirements...

SAHIL provides you with an opportunity to take them along in the circle of growth and development, ignoring them will throw humanity out of gear, together we can do..and arrive happily ashore (SAHIL).

All journeys begin with a single step, come take that one step with us.....